

Metro Cebu
Rotary
Club



**Official bulletin of the Rotary Club of Metro Cebu
District 3860 Philippines
Admitted to Rotary International: 03 June 1978
Club ID: 17123**

**The Rotary Club of Metro Cebu (RCMC) meets every 1st and 3rd Wednesday of the month
12Noon at the Casino Español de Cebu, Ranudo St., Cebu City, Philippines**



THE FOUR-WAY TEST Of the things we think, say, or do

The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships.

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST:**
The development of acquaintance as an opportunity for service;
- SECOND:**
High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD:**
The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH:**
The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT



The Rotarian Pledge

I am a Rotarian.

I will always uphold the truth.

I am a Rotarian.

I will always strive to be fair in all my dealings with fellow human beings.

I am a Rotarian.

I will always endeavor to build goodwill and understanding in my community, among my countrymen, and among people of all nations.

I am a Rotarian.

I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

I am a Rotarian.

I will always observe the Rotary International motto:

Service Above Self.

The National Rotarians World



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ROTARY CLUB OF METRO CEBU

RI DISTRICT 3860, CLUB NO. 17123

Casino Español de Cebu
Ranudo St., Cebu City

Meets every 1st and 3rd Wednesday of the Month, 12 NN

WELCOME TO OUR BI-MONTHLY REGULAR MEETING

November 20, 2024

PROGRAM

1. Call To Order by Pres. Ma. Emma A. Ramas
2. Invocation, Philippine National Anthem and Rotary Hymn
3. Four Way Test
4. The Rotarian's Pledge
5. Introduction of Guest and Visiting Rotarians
6. Fellowship Singing
7. Guest Speaker: Rose Mae Quiñanola, Provincial Director, DTI Cebu
8. Secretary's Report
9. President's Report
10. Other Matters
11. Adjournment



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ROTARY HYMN

I want to be a Rotarian for the world
Make the Rotary flag as the flag of peace unfurled
I shall serve, my community, help achieve universal unity.

Through Rotary, I shall dedicate my all
World understanding shall be my cherished goal

With the 4-way test, ill pursue my quest
And if I, in a way help obtain
Peace in the world, I shall not have lived in vain

I observe service above self
Lend a hand to all who need my help
I'll get my spouse to involve in Rotary
And in Rotary ways, I will train my family

With the four way test, we'll pursue our quest
And if we, in a way help obtain
Peace in the world, we shall not have lived in vain.

Build a bridge for tomorrow's youth
Strengthened by nothing but the truth

Let's join our hands, there's no reason we'll divide
We shall all understand why the good Lord is our guide

With the four way test, ill pursue my quest
And if I, in a way help obtain
Peace in the world I shall not have lived in vain

Peace be achieved, we shall have not lived
in vain.



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WELCOME

OUR GUEST SPEAKER:

**Dir. Rose Mae
M. Quiñanola**

Director - DTI Cebu
Provincial Office



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RI Corner

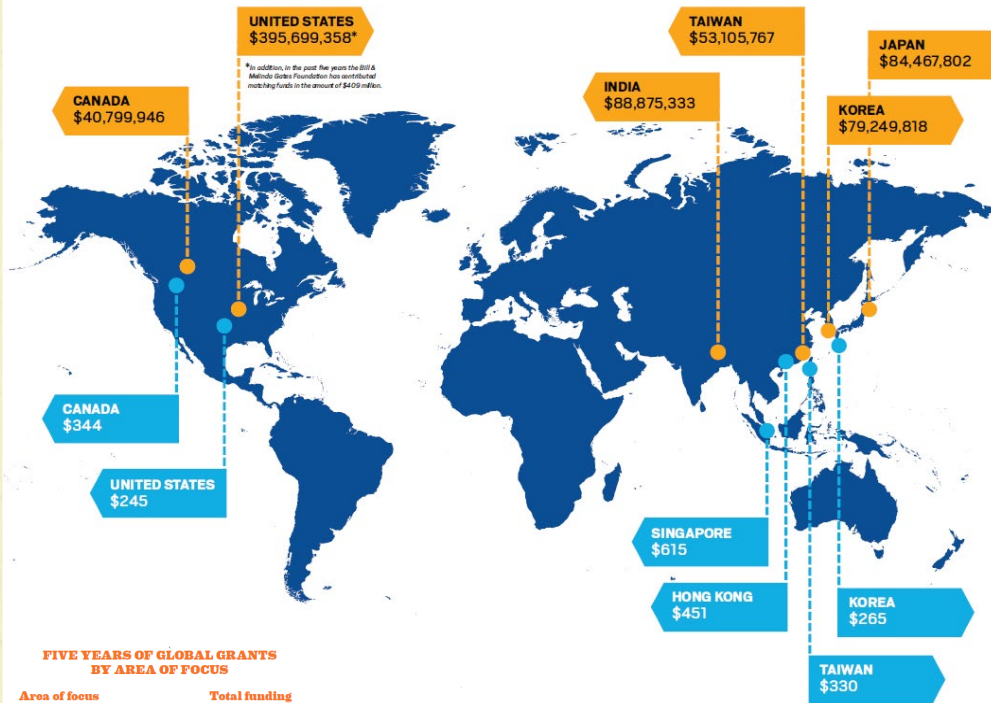
A Foundation to build on

The Rotary Foundation is recognized as one of the most effective and well-managed charitable organizations in the world, with 12 consecutive four-star ratings from Charity Navigator and an A-plus rating from Charity Watch.

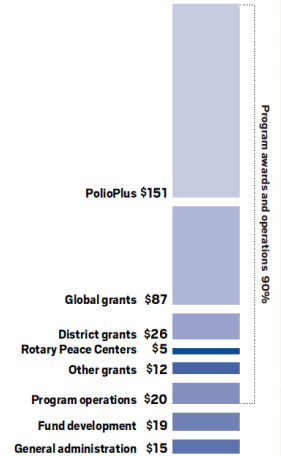
We know that the Foundation is helping Rotarians do good in the world, but it can be difficult to convey the full scope of its work. So we've put together some figures from the past five years — 2014-15 through 2018-19 — to tell the story of the generosity of Rotarians and the good work that the Foundation supports.

November is Global Rotary Foundation Month; to make a contribution, go to rotary.org/donate.

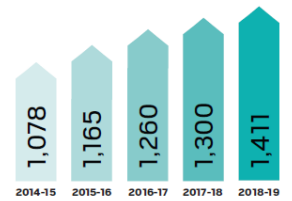
TOTAL GIVING OVER FIVE YEARS BY DOLLAR AMOUNT Top countries and geographical areas



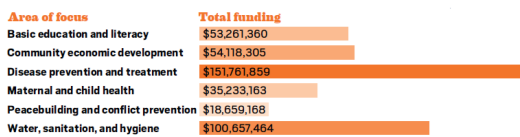
2018-19 TOTAL EXPENDITURES \$335 (in millions)



GLOBAL GRANTS APPROVED



FIVE YEARS OF GLOBAL GRANTS BY AREA OF FOCUS



AVERAGE YEARLY GIVING OVER FIVE YEARS PER ROTARIAN Top countries and geographical areas



Rotary International Calendar

November 2024: Rotary Foundation Month

Rotary District 3860 | THE MAGIC OF ROTARY

The Rotary Foundation Recognition Night 2024

"The MAGIC of Doing Good in the World"

November 23, 2024 / 6:00 p.m. / Cebu Parklane International Hotel

Early Bird Registration: Php 2,000.00 until Nov. 5, 2024 / Regular Rate: Php 2,500.00
Spouses and Guests: Php 1,800.00 / Rotaractors: Php 1,500.00

Attire for Participants:
For Men - Club Shirt with Blazer
For Women - Club Shirt with Blazer or Cocktail Dress

Attire for DRFC Team & District Officers:
Coat and Tie
Formal Business Attire or Cocktail Dress

Registration Link: <https://bit.ly/trf2024>




Rotary Club of Cebu

ALAY LAKAD

Charity Walk **CEBU 2024**

NOV 24 CEBU CITY SPORTS COMPLEX
7:30AM | SUNDAY

CARRETA - GEN. MAXILOM - FUENTE - OSMEÑA BLVD. - CEBU CITY SPORTS COMPLEX - 19KM



"Alay Lakad para sa Kabataan ng Bagong Pilipinas"



TAIPEI ROTARY INSTITUTE

Rotary
Zones 1B, 9 & 10




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President's Time



President's Report

Rotary Club of Metro Cebu

November 20, 2024

Fellow Rotarians,

Warm Rotary greetings to all!

Let me begin by expressing my gratitude for your active participation in our November 6, 2024, meeting, which turned out to be an enlightening and inspiring event.

We were honored to have Cebu City Honorable Councilor Nestor Archival as our guest speaker, who provided valuable insights into the state of energy and power in Cebu. Councilor Archival shared practical tips on how we can reduce energy consumption in our homes and offices, underscoring the importance of adopting energy-efficient practices. The discussion was engaging and highly relevant, reflecting our club's commitment to promoting sustainability in our community.

As we continue to bring impactful programs to our meetings, I urge everyone to mark your calendars for the upcoming **Generation X - Disco Inferno**, our grand fundraising dinner concert on **November 28, 2024**. This is a vital initiative for raising funds to support our club's projects and activities.



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President's Time

Let us channel the Magic of Rotary by giving our all-out support. Here's how you can help:

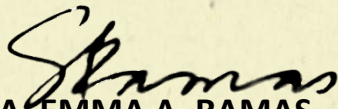
- **Sell Tickets:** Spread the word among your family, friends, and networks. Each ticket sold brings us closer to our goal.
- **Solicit Sponsorships:** Encourage businesses and organizations to partner with us by availing of our sponsorship packages—Platinum, Gold, or Silver. Sponsors will receive recognition during the event and complimentary tickets as a gesture of gratitude.

This event promises to be an exciting celebration of music, camaraderie, and giving back, featuring renowned artists and a nostalgic journey into the disco tunes of the 1970s.

Your dedication and enthusiasm have always been the cornerstone of our club's success. Together, let us make the Generation X - Disco Inferno a resounding success and ensure that the Magic of Rotary continues to touch more lives in our community.

Thank you, and I look forward to seeing everyone on November 28!

Yours in Rotary Service,



MA. EMMA A. RAMAS

President

Rotary Club of Metro Cebu



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Secretary's Time

Dear Fellow Rotarians,

Warm Greetings!

Thank you for your attendance in today's meeting!



The following are the items discussed during the membership meeting last November 06:

1. We are grateful and honored to have Honorable Nestor Archival, Cebu City Councilor, as our guest speaker. He was gracious enough to spend some time with us to share his advocacy in promoting sustainable development. His sharing of the current plight of the City's garbage and other environmental and energy issues, as well as steps/practices to help in alleviating those issues made our meeting very informative and enlightening.

2. We have re-inducted into the Club Dr. Vicente Balbuena, who was sponsored by PADG Dr. Wyben Briones. We warmly welcome Rotarian Doc Vic back to the fold!

3. There was a consensus to finalize the rate of the Tanlag ads with the following sizes and corresponding prices:

- Whole page – PhP 20,000.00
- 1/2 page – PhP 11, 000.00
- 1/4 page – PhP 6,000.00
- 1/8 page – PhP 3,500.00

For those interested to avail of Tanlag space for ads, please contact Mimi. The funds will help in shouldering our projects and other club activities.

4. PADG Wyben Briones informed the club that IPI is no longer selling temephos larvicide, but it can be bought in stores that sell agricultural or pest control products. Those stores sell the larvicide per kilo, in which the Club can then decide to repackage to smaller portions when used for the Dengue campaign.



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Secretary's Time

5. In relation to the Dengue campaign, the following have been agreed upon:

- Pres. Emma will get dengue-related data from the City Health office to find out the Dengue cases of the city
- Method use for the larvicide application will be based on N-E-W-S. As explained by PADG Wyben, a barangay worker can spread/distribute the larvicide weekly in the areas to the North on the first week, East on the 2nd week, West on the 3rd week and South on the 4th week.
- There will be monitoring of Dengue cases before and after the distribution of the larvicide and proper documentation should be made.
- It was agreed to start the campaign in Barangay Kalunasan, with the help of President John Marlo from the Rotaract Club of CIT-U, who is part of the Sangguniang Kabataan of the said barangay. Pres. John Marlo will schedule a courtesy call with the Barangay Captain together with PADG Wyben, Pres. Emma and other interested members.

6. To finance the Dengue campaign and other projects, Pres. Emma and PADG Wyben encouraged the members to support the Generation X: Disco Inferno fund-raising activity on November 28 at the Casino Español. Members were reminded to purchase 2 tickets for support.

7. There was a suggestion to obtain a copy of the menu for the fund-raising event to determine any food restrictions that might need to be considered. Club clerk Mimi can help to get the menu.

8. Club Clerk Mimi was able to print 10 booklets of new receipts for use during Pres. Emma's term. She will issue said receipts for any payments received by the club.

9. Turn-over of the funds generated during the SPG dinner for a cause will be made on November 30, 2024, as per Rotarian Nicole (in behalf of PP Glenda). The said funds are intended for projects related to Violence Against Women and Children (VAWC), which is headed by our Secretary, Atty. Evelyn Nuñez.



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Secretary's Time

10. There was a suggestion to include the logo of Tanlag ads subscribers in the Generation X: Disco Inferno tarpaulins and acknowledgement video.

11. President Emma turned over a donation of cautery pens to PADG Dr. Wyben. These pens can be used during medical missions in case there are surgeries involved.

12. There was a proposal to purchase RCMC's own projector, which is very useful during meetings and outreach programs involving seminars/talks. Costing will be presented to President Emma for fund allocation. At the moment, the club is using PADG Dr. Wyben's projector temporarily during club meetings, as long as he is not using it.


13. There was a suggestion to bring the Balay Samaritano kids to see the Christmas Village as part of the Christmas activity. Date is to be decided.

14. PP Jonathan mentioned that the PNP can provide vehicles for RCMC to use for any event that needs transportation. This is a commitment by PNP to help Rotary in its service projects.

15. RCMC members were able to raise Php20,000 during the meeting to help fund the medical mission (cataract & pterygium surgery) in San Remigio which was presented by PP Bobby Pacana. This mission is organized by his group, Raise Me Up (RMU), together with EyeHEAR foundation.

It was indeed a fruitful meeting with lots of discussions and brain-storming. Thank you to all those who attended and looking forward for more members to join us in our bi-monthly meeting!

Yours in Rotary,


Atty. Evelyn Trani Nuñez
Secretary
Rotary Club of Metro Cebu



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ENVIRONMENT

RCMC in Action

RCMC Regular Membership meeting (06 Nov. 2024)

RCMC is privileged and honored to have Councilor Nestor Archival of the Cebu City Council as guest speaker during the regular membership meeting last November 06, 2024 at the Casino Español.

Councilor Archival discussed about the current environmental and energy issues the city is facing and what are some of the steps we can do, as individuals and as a community, to address these issues.



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RCMC in Action



Induction of Dr. Vicente Balbuena as returning Rotarian

One of the highlights of the meeting was the induction of Dr. Vicente “Vic” Balbuena as returning member of RCMC. Sponsored by PADG Dr. Wyben Briones, Doc Vic, as he is fondly called, was inducted by President Emma Ramas.

Doc Vic was a valuable member to the club and it is with great pleasure that he is once again part of the RCMC family.

Welcome back, Doc Vic! Looking forward to see you in our upcoming activities!



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RCMC in Action

Cataract & pterygium Operation Mission in San Remigio, Cebu

RCMC, represented by PP Bobby Pacana, participated in the medical mission in San Remigio, Cebu. This mission is centered on cataract and pterygium operation. It is an on-going project which started last November 17 and will last until November 21.

The venue is at the San Remigio Beach Club, where an area was allocated to accommodate patients being checked up and where surgery will be conducted.



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RCMC in Action

Cataract & pterygium Operation Mission in San Remigio, Cebu

This mission was made possible by PP Bobby together with his group, Raise Me Up (RMU), the EyeHear Foundation, with the support of parish priests & the Cebu Archdiocese c/o Archbishop Jose Palma and support also of RCMC.

With PP Bobby were the Mayor of San Remigio, Atty. Alfonso Escolante, Rtn. Tony Ynoc, owner of venue (San Rem Beach Resort), and Rtn. Joseph Yu.

This is the 25th mission of RMU across different parishes in Cebu and neighboring towns.



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Upcoming Projects

Clear your schedule on the following dates!

November 23

Saturday

Area Coordination Meeting
(ACOM)

Time: 11:00AM - 2:00PM

Venue: Diane Residences, Gen.
Lim St., Mabolo, Cebu City



TRF Recognition Night 2024

Time: 6:00PM

Venue: Parklane International
Hotel



November 24

Sunday

Alay Lakad Cebu 2024
(a Charity Walk)

Time: 6:00AM Assembly Time

Route: Carreta, Gen. Maxilom
Ave., Fuente, Osmena Blvd.,
Cebu City Sports Complex



November 28

Thursday

Generation X Disco Inferno Dinner
Concert

Time: 5:30 pm to 10:00 pm

Venue: Casino Español de Cebu



NOTE: Board Meeting Schedule will be agreed upon by the Hope Creating Term Officers and Present Officers

08 more days to go !!!



before the fund-raising dinner concert,
Generation X Disco Inferno.

Calling all members to get their 2 tickets
for the event!



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Invocation

Dear Lord,

There are so many things that we take for granted. Let us not ignore them today.

Help us, Gracious God, to remember that life is a gift. That our health is a blessing, that today is a new day filled with awesome potential, and that we have the capacity to bring something wholly new and unique and good into this world.

Help us to remember, dear Lord, to be kind and patient with the people who love us and to those with whom we work and interact each day.

Teach us to see all the beauty that we so often ignore, and to listen to the silent longing of our own souls.

Help us, O Lord, to remember You and to be worthy instruments of Your will, Amen.



Certificate of Attendance

This is to certify that _____ of the Rotary Club of _____ has attended the regular weekly meeting of the club on _____, 20__ at the Casino Espanol de Cebu, Ranudo St., Cebu City.

President / Secretary
RY 2024 - 2025



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